



# MIYAGI GYMNASTICS ACADEMY

## 2018 Class Schedule

### MONDAY

245-330	TBD	Kinder 2
330-430	Jessica	Beginner A/B
400-500	Miyagi	Boys 5+
430-530	Jessica	Beginner B
530-630	Jessica	Beginner C
530-615	TBD	Kinder 1/2

### TUESDAY

245-330	Donna	Kinder2/3
330-430	Donna	Beginner A
430-530	Donna	Beginner A/B
400-600	Kim	Level 2
530-630	Donna	Beginner A
630-730	TBD	Beginner B

### WEDNESDAY

9-1030	Donna	Open Gym, 5 & Under*
1100-1145	TBD	Parent -Tot
245-330	Donna	Kinder 2
330-430	Donna	Beginner A
330-430	Ally	Beginner C
400-500	Miyagi	Boys 5+
430-530	Ally	Beginner B
430-600	Donna	Superstars*
530-630	Ally	Beginner C
615-700	Donna	Kinder 1

### THURSDAY

9-1030	Donna	Open Gym, 5 & Under
11-1145	Donna	Kinder 1
12-1245	Donna	Kinder 2
315-400	TBD	Kinder 2
330-430	Alexis	Beginner A
400-445	Donna	Kinder 1
400-600	Kim	Level 2
430-530	Jessica	Beginner A/B
500-630	Donna	Superstars*
600-700	Donna	Beginner A

### FRIDAY

900-945	Donna	Kinder 1
10-1045	Donna	Kinder 2
11-1145	Donna	Kinder 1
330-430	TBD	Beginner B/C
430-530	TBD	Beginner B
530-630	TBD	Beginner B
630-730	TBD	Beginner C

### SATURDAY

12-200	Varies	Open Gym 6+**
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### SATURDAY & SUNDAY BIRTHDAY PARTIES

\* Classes listed in black are classes we would like to offer if there is enough interest. Please sign up on a waiting list if there is a class you are interested in.

\*Please call or email ahead of time to make sure a class is not FULL as number of participants in classes may change on a daily basis with makeup classes, try-outs, and drop ins. We do our best to keep classes to a 6:1 coach to student ratio for safety and productivity!

\*\*Age Ranges may vary slightly per class

*Sign up to have YOUR BIRTHDAY PARTY with us!!!  
Call us today to reserve your party! 530.888.6569*

Saturdays starting at 2:00 pm  
Over Night 8pm-8am  
Sunday parties starting at 11:00 am

\* Starting Aug 23<sup>rd</sup>  
\*\* Starting Sept 16<sup>th</sup>

KINDER GROUP 45 min		KINDER GROUP NOTE	YOUTH 1 hr	
CLASS	AGE		CLASS	AGE
Parent -Tot	18m-3	Kinder 1 exception: Students must be able to listen to instruction, wait their turn in group setting to participate in classes. If not quite there yet, our best option is the <b>Open Gym for 5 &amp; Under</b> .	Beginner A	5-6
Kinder 1 (No exp)	3-4*		Beginner B	7-8
Kinder 2	4-5		Beginner C	9+
Kinder 3 (Kinder-1 <sup>st</sup> )	5-6			

<b>GREEN = OPEN GYM</b>
BLACK = COMING SOON, SIGN UP ON WAIT LIST
<b>BLUE = OPEN</b>
<b>RED = CLASS FULL</b>