



# MIYAGI GYMNASTICS ACADEMY

## 2018 Class Schedule

### MONDAY

330-430	Jessica	Beginner A/B
<del>330-430</del>	<del>Chandra</del>	<del>Beginner A/B</del>
400-500	Miyagi	Boys 5+
<del>430-530</del>	<del>Jessica</del>	<del>Beginner B</del>
530-630	Jessica	Beginner C

### TUESDAY

330-415	Alexis	Kinder 1/2
330-430	Donna/Jessica	Beginner A
<del>330-430</del>	<del>Donna/Jessica</del>	<del>Beginner A</del>
430-530	Donna/Jessica	Beginner A/B
<del>430-530</del>	<del>Donna/Jessica</del>	<del>Beginner B</del>
400-530	Chandra	Level 1
400-600	Alexis	Level 2
530-630	Donna/Jessica	Beginner A/B

### WEDNESDAY

330-430	Donna	Beginner A
<del>330-430</del>	<del>Jessica</del>	<del>Beginner C</del>
400-500	Chandra	Boys 5+
<del>430-530</del>	<del>Jessica</del>	<del>Beginner B</del>
430-600	Donna	Superstars*
<del>530-630</del>	<del>Jessica</del>	<del>Beginner C</del>
600-730	Shelly	Tumbling

### THURSDAY

9-1030	Donna	Open Gym, 5 & Under
11-1145	Donna	Kinder 1
12-1245	Donna	Kinder 2
330-430	Alexis	Beginner A
400-445	Donna	Kinder 1
400-530	Chandra	Level 1
400-600	Alexis	Level 2
500-630	Donna	Superstars*

### FRIDAY

900-945	Donna	Kinder 1
10-1045	Donna	Kinder 2
430-530	Chandra	Beginner B

### SATURDAY

12-200	Varies	Open Gym 6+**
--------	--------	---------------

### SATURDAY & SUNDAY BIRTHDAY PARTIES

*Sign up to have YOUR BIRTHDAY PARTY with us!!!  
Call us today to reserve your party! 530.888.6569*

Saturdays starting at 2:00 pm  
Over Night 7pm-8am  
Sunday parties starting at 11:00 am

\*Please call or email ahead of time to make sure a class is not **FULL** as number of participants in classes may change on a daily basis with makeup classes, try-outs, and drop ins. We do our best to keep classes to a 6:1 coach to student ratio for safety and productivity!

\*\* Please Call To See If Open Gym Is Being Held  
\*\*\* Classes crossed out are not being held during the summer

\*\*Age Ranges may vary slightly per class

KINDER GROUP 45 min		KINDER GROUP NOTE	YOUTH 1 hr	
CLASS	AGE		CLASS	AGE
Parent -Tot	18m-3	Kinder 1 exception: Students must be able to listen to instruction, wait their turn in group setting to participate in classes. If not quite there yet, our best option is the <b>Open Gym for 5 &amp; Under</b> .	Beginner A	5-6
Kinder 1 (No exp)	3-4*		Beginner B	7-8
Kinder 2	4-5		Beginner C	9+
Kinder 3 (Kinder-1 <sup>st</sup> )	5-6		Tumbling	8+

<b>GREEN = OPEN GYM</b>
<b>BLUE = OPEN</b>
<b>RED = CLASS FULL</b>
*Invitation Only