



MIYAGI GYMNASTICS ACADEMY

2018 Class Schedule

MONDAY

330-430	Jessica	Beginner A/B
330-430	Chandra	Beginner A/B
400-500	Miyagi	Boys 5+
430-530	Jessica	Beginner B
530-630	Jessica	Beginner C

TUESDAY

330-415	Alexis	Kinder 1/2
330-430	Donna/Jessica	Beginner A
330-430	Donna/Jessica	Beginner A
430-530	Donna/Jessica	Beginner A
430-530	Donna/Jessica	Beginner B
400-600	Alexis	Level 2
530-630	Donna/Jessica	Beginner A

WEDNESDAY

330-430	Donna	Beginner A
330-430	Jessica	Beginner C
400-500	Chandra	Boys 5+
430-530	Jessica	Beginner B
430-600	Donna	Superstars*
500-630	Chandra	Level 1*
530-630	Jessica	Beginner C

THURSDAY

9-1030	Donna	Open Gym, 5 & Under
11-1145	Donna	Kinder 1
12-1245	Donna	Kinder 2
330-430	Alexis	Beginner A
400-445	Donna	Kinder 1
400-600	Alexis	Level 2
500-630	Donna	Superstars*

FRIDAY

900-945	Donna	Kinder 1
10-1045	Donna	Kinder 2
430-530	Chandra	Beginner B

SATURDAY

12-200	Varies	Open Gym 6+**
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SATURDAY & SUNDAY BIRTHDAY PARTIES

*Sign up to have YOUR BIRTHDAY PARTY with us!!!
Call us today to reserve your party! 530.888.6569*

Saturdays starting at 2:00 pm
Over Night 7pm-8am
Sunday parties starting at 11:00 am

*Please call or email ahead of time to make sure a class is not **FULL** as number of participants in classes may change on a daily basis with makeup classes, try-outs, and drop ins. We do our best to keep classes to a 6:1 coach to student ratio for safety and productivity!

** Please Call To See If Open Gym Is Being Held

**Age Ranges may vary slightly per class

KINDER GROUP 45 min		KINDER GROUP NOTE	YOUTH 1 hr	
CLASS	AGE		CLASS	AGE
Parent -Tot	18m-3	Kinder 1 exception: Students must be able to listen to instruction, wait their turn in group setting to participate in classes. If not quite there yet, our best option is the Open Gym for 5 & Under .	Beginner A	5-6
Kinder 1 (No exp)	3-4*		Beginner B	7-8
Kinder 2	4-5		Beginner C	9+
Kinder 3 (Kinder-1 st)	5-6			

GREEN = OPEN GYM
BLUE = OPEN
RED = CLASS FULL
*Invitation Only